

# **NPC ULTIMATE MUSCLE SCHEDULE AND INFO**

\*TRAINERS MUST EITHER BE CURRENT NPC MEMBERS OR IFBB PRO LEAGUE PRO WITH AN ACTIVE PAID PRO CARD FOR THE CURRENT YEAR TO BE ALLOWED BACK STAGE. This is in addition to purchasing a Trainers Pass and is not included in the cost of that pass.

## **GENERAL EVENT INFO:**

**DATE:** September 25<sup>th</sup>, 2021.

**LOCATION:** RP Funding Center, 701 W. Lime Street, Lakeland FL. 33815.

**HOST HOTEL:** Spring Hill Suites Lakeland, 511 West Lime Street, Lakeland FL. 33815 (Mention ULTIMATE MUSCLE) Price of the hotel is \$99 per night plus taxes.

**OVERFLOW HOST HOTEL:** HYATT Place Lakeland Center, 525 West Orange Street, Lakeland FL. 33815. Book through the show site for the discount of \$109 per night + taxes.

**TIME:** Prejudging: Begins 9:00am – Doors Open 8:15am

Evening Finals: Begins 5:00pm – Doors Open 4pm.

**PARKING:** Parking is available in the parking lot of RP Funding.

**TICKETS:** Tickets are on sale now on this website or they can be purchased at the venue the day of the event. Ticket prices can be found under the “TICKETS” tab on this site. All seating is general admission. VIP seating is also general seating in that section (closer to the stage). First come – first served. ALL TICKETS ARE CASH ONLY AT THE DOOR

## **COMPETITOR INFO BELOW:**

**THIS EVENT IS A NATIONAL QUALIFIER THAT QUALIFIES YOU THROUGH 2022!**

### **Where And When Do I Register?**

You can register online on this website by clicking the “Register Now” link on the front page. You may also register at check-ins on Friday night between 5PM and 7PM at the Youkey Theater Venue. Credit cards and cash will be accepted for registration. No Checks will be accepted. You may also obtain your NPC card there if you do not have one. All competitors must be NPC members. NPC cards are cash only and our \$135.

### **When Are Check-ins?**

Check ins will be at the **YOUKEY THEATER AUDITORIUM (The Actual Show Venue)** from 5pm until 7pm on the Friday evening before the event. Check-ins are MANDATORY. You must check in the night before the show to be able to compete on Saturday.

### **What Do I Wear at Check-ins?**

Bodybuilders, Classic Physique competitors and Bikini competitors are required to wear their suits at check-ins.

### **What About Tanning and Make-Up?**

Tanning and make up will be available through Hot Spot Tanning and can be scheduled via the link on the front page of this website labeled "BOOK TANNING/MAKEUP". We have been told that HOT SPOT will be set up to tan at the venue Friday. Please check directly with HOT SPOT to verify that they will in fact be at the venue on Friday.

### **What is The Show Schedule? When I will I Go On Stage?**

The show schedule is posted below. Just scroll down. The exact time you will go on stage cannot be determined as we do not know how many competitors will be in your class at this time.

### **What About Music For My Routine?**

You can upload your music on this website under the "register now" Tab. After you go through the registration process you will receive an email link to upload your music. You may also bring your music to check ins the Friday evening before the event. If you do not have music then the DJ will select music for your routine.

### **What Awards Will Be Given?**

**Everyone will receive an ULTIMATE MUSCLE COMPETITOR SHIRT and a custom ULTIMATE MUSCLE show medal**

ALL classes will be awarded with sculptures through fifth place.

Class winners will receive custom OVOMOTO watches.

Overall awards also include Custom IRONMAN RINGS.

### **Where Can I Purchase A Backstage/Trainer Pass?**

You can purchase the backstage pass for your trainer on the front page of this website.

NOTE: ALL trainers must be NPC members to be backstage for insurance purposes unless they are an IFBB Pro League Pro and have an active pro card paid for the current year. Trainers can purchase an NPC card at check-in's. Again the NPC Card fee is \$135 and is cash only.

### **Are Kids Free?**

Children five years old and under are free. Please note that if seating is sold out the child must sit on the parents lap.

\*The hotel and show venue are very close within a 1-2 minute walk.

\*Make sure you have your NPC card. You can get yours online at [www.NPCNEWSONLINE.com](http://www.NPCNEWSONLINE.com) Under the "INFO" heading or you can purchase your card at check-ins on Friday night.

\*Please be sure to bring an extra set of sheets with you to the hotel. The hotel will charge you \$150 for every item damaged by spray tan or otherwise.

\*Tanning will be at the hotel Friday. You can book your tanning and makeup by clicking "BOOK TANNING / MAKEUP" on the front page.

\*Mandatory competitor meeting at 8am on Saturday morning at the venue. ALL ATHLETES MUST attend this mandatory meeting in order to compete.

\*Athletes will be responsible for any color/spray tan left on any seating area in the. Please make sure you wear clothing that completely covers your body if you choose to sit in any seating at the venue.

\*Text messages will be sent to athletes on the day of the show via the MUSCLEWARE app available in the iOS and Google app stores. These text messages will alert you when your class is getting ready to go on stage. They are offered as a courtesy only and should not be your only source for knowing when to be on stage. Being where you are supposed to be is YOUR responsibility as a competitor.

\*Tickets for any portion of the event are non-refundable. This includes any and all entry fees for Athletes. The order of events is as follows. This order will also be posted around the backstage area of the venue the day of the event. THIS ORDER IS THE SAME FOR THE PREJUDGING AND FINALS:

## SHOW SCHEDULE

Pre-Judging Schedule Is The Same As The Finals Schedule

### MENS BODYBUILDING

MASTERS 60+, 50+, 40+, 35+  
NOVICE

OPEN BANTAM, LIGHT, MIDDLE, LIGHT HEAVY, HEAVY - **OVERALL**

### FITNESS – ONE CLASS

### WOMENS PHYSIQUE – ONE CLASS

### WOMENS BODYBUILDING – ONE CLASS

### CLASSIC PHYSIQUE

MASTERS 60+, 50+, 40+, 35+ ABC  
TRUE NOVICE  
NOVICE ABCD - **OVERALL**  
OPEN ABCD - **OVERALL**

### WELLNESS

TRUE NOVICE  
NOVICE ABCD - **OVERALL**  
OPEN ABCD – **OVERALL**

## FIGURE

MASTERS 50+, 40+, 35+  
TRUE NOVICE  
NOVICE ABCD - **OVERALL**  
OPEN ABCD – **OVERALL**

## MENS PHYSIQUE

MASTERS 60+, 50+, 40+, 35+ ABC  
TRUE NOVICE  
NOVICE ABCD - **OVERALL**  
OPEN ABCD - **OVERALL**

## BIKINI

MASTERS 60+, 50+, 40+, 35+ ABCD  
TRUE NOVICE  
NOVICE ABCD - **OVERALL**  
OPEN ABCD - **OVERALL**