

2022 NPC ULTIMATE MUSCLE SCHEDULE AND INFO

*TRAINERS MUST EITHER BE CURRENT NPC MEMBERS (EVEN IF THEY ARE AN IFBB PRO) WITH AN ACTIVE PAID NPC CARD FOR THE CURRENT YEAR TO BE ALLOWED BACK STAGE. This is in addition to purchasing a Trainers Pass and is not included in the cost of that pass. NPC cards MUST be purchased online through the NPCNEWSONLINE.com website.

GENERAL EVENT INFO:

DATE: September 24th, 2022.

LOCATION: RP Funding Center, 701 W. Lime Street, Lakeland FL. 33815.

HOST HOTEL: TO BE ANNOUNCED

OVERFLOW HOST HOTEL: TO BE ANNOUNCED

TIME: Prejudging: Begins 9:00am – Doors Open 8:00am

Evening finals: Begins 5:00pm – Doors Open 4:00pm.

PARKING: Parking is available in the parking lot of RP Funding.

TICKETS: Tickets will go on sale later this year

COMPETITOR INFO BELOW:

THIS EVENT IS A NATIONAL QUALIFIER THAT QUALIFIES YOU THROUGH 2023!

Where And When Do I Register?

You can register online on this website by clicking the “Register Now” link on the front page. You may also register at check-ins on Friday night between 5PM and 7PM at the Youkey Theater Venue. Credit cards and cash will be accepted for registration. No Checks will be accepted. You are also required to obtain your 2022 NPC card. All competitors must be NPC members. NPC cards must be purchased online at NPCNEWSONLINE.com. You may also obtain your NPC Card by clicking the “JOIN THE NPC” link on this website.

When Are Check-ins?

Check ins will be at the **YOUKEY THEATER AUDITORIUM (The Actual Show Venue)** from 5pm until 7pm on the Friday evening before the event. Check-ins are MANDATORY. You must check in the night before the show to be able to compete on Saturday.

What Do I Wear at Check-ins?

Bodybuilders, Classic Physique competitors and Bikini competitors are required to wear their suits at check-ins.

What About Tanning and Make-Up?

Tanning and make up will be available through Hot Spot Tanning and can be scheduled via the link on the front page of this website labeled "BOOK TANNING/MAKEUP". We have been told that HOT SPOT will be set up to tan at the venue Friday. Please check directly with HOT SPOT to verify that they will in fact be at the venue on Friday.

What is The Show Schedule? When I will I Go On Stage?

The show schedule is posted below. Just scroll down. The exact time you will go on stage cannot be determined as we do not know how many competitors will be in your class at this time.

What About Music For My Routine?

You can upload your music on this website under the "register now" Tab. After you go through the registration process you will receive an email link to upload your music. You may also bring your music to check ins the Friday evening before the event. If you do not have music then the DJ will select music for your routine.

What Awards Will Be Given?

EVERY COMPETITOR will receive an ULTIMATE MUSCLE COMPETITOR SHIRT and a custom ULTIMATE MUSCLE SHOW MEDAL

ALL classes will be awarded with sculptures through fifth place.

Open Class winners will receive custom OVOMOTO watches

Open Overall awards also include Custom Overall Rings.

Open Overall awards also include oversize Golden Swords

Where Can I Purchase A Backstage/Trainer Pass?

You can purchase the backstage pass for your trainer on the front page of this website.

NOTE: ALL trainers must be NPC members to be backstage for insurance purposes. The NPC has updated their requirement for 2022 and IFBB Pro League Athletes MUST STILL purchase an NPC card for insurance reasons. Trainers can purchase an NPC card by clicking "JOIN THE NPC" on the front page of this website or by visiting NPCNEWSONLINE.com.

Are Kids Free?

Children five years old and under are free. Please note that if seating is sold out the child must sit on the parents lap.

*The hotel and show venue are very close within a 1-2 minute walk.

*Make sure you have your NPC card. You can get yours online at www.NPCNEWSONLINE.com Under the "INFO" heading.

*Please be sure to bring an extra set of sheets with you to the hotel. The hotel will charge you \$150 for every item damaged by spray tan or otherwise.

*Check with the tanning company to find out where tanning will be on Friday evening before the event.

You can book your tanning and makeup by clicking “BOOK TANNING / MAKEUP” on the front page.

*ALL Athletes must check in between 5pm and 7pm at the venue or they will not be able to compete on Saturday.

*There will be a mandatory competitor meeting at 8am on Saturday morning at the venue. ALL ATHLETES MUST attend this mandatory meeting in order to compete.

*Athletes will be responsible for any color/spray tan left on any seating area in the. Please make sure you wear clothing that completely covers your body if you choose to sit in any seating at the venue.

*It is your responsibility as a competitor to make sure you are ready to go on stage at the appropriate time. No one will come looking for you if you are not ready for your class.

*Tickets for any portion of the event are non-refundable. This includes any and all entry fees for Athletes. The order of events is as follows. This order will also be posted around the backstage area of the venue the day of the event. THIS ORDER IS THE SAME FOR THE PREJUDGING AND FINALS:

SHOW SCHEDULE

Pre-Judging Schedule Is The Same As The Finals Schedule

MENS BODYBUILDING

MASTERS 60+, 50+, 40+, 35+

TEEN

TRUE NOVICE

NOVICE

OPEN BANTAM, LIGHT, MIDDLE, LIGHT HEAVY, HEAVY - **OVERALL**

CLASSIC PHYSIQUE

MASTERS 60+, 50+, 40+, 35+

TEEN

TRUE NOVICE

NOVICE

OPEN ABCD - **OVERALL**

FITNESS

TEEN

TRUE NOVICE

NOVICE

OPEN – ONE CLASS

WOMENS PHYSIQUE

TEEN
TRUE NOVICE
NOVICE
OPEN – ONE CLASS

WOMENS BODYBUILDING

TEEN
TRUE NOVICE
NOVICE
OPEN – ONE CLASS

WELLNESS

MASTERS 60+, 50+, 40+, 35+
TEEN
TRUE NOVICE
NOVICE
OPEN ABCD - **OVERALL**

FIGURE

MASTERS 60+, 50+, 40+, 35+
TEEN
TRUE NOVICE
NOVICE
OPEN ABCD – **OVERALL**

MENS PHYSIQUE

MASTERS 60+, 50+, 40+, 35+
TEEN
TRUE NOVICE
NOVICE
OPEN ABCD - **OVERALL**

BIKINI

MASTERS 60+, 50+, 40+, 35+
TEEN
TRUE NOVICE
NOVICE
OPEN ABCD - **OVERALL**